

Massage Informed Consent Agreement

By signing, client acknowledges having read and agreed to all terms of receiving bodywork. Any questions should be asked prior to receiving massage. Client also releases Therapist and Touch of Health Chiropractic from responsibility for any conditions that may arise during or after receiving massage.

Specialize: (depending on Therapist) Sweedish Massage, Deep Tissue Massage, Hot Stone Massage, Sports Massage, Reflexology, Prenatal Massage and Postpartum Massage. *Specific benefits and contraindications vary by modality.

General Benefits: Increases in circulation, waste removal, range of motion, flexibility, energy, heart rate, body temperature, immunity, body awareness and relaxation; decreases in discomfort, fatigue, tension, and stress levels.

General Contraindications: Medical emergencies (shock, hemorrhage, seizure, poisoning, etc), high fever (102 degrees F), highly-metastatic cancer, intoxication, pain medications, or extreme fatigue (mental or physical).

Work with Limitations: Open wounds, burns, inflammation, fractures, contagious or irritable skin conditions, recent surgery, pregnancy, recent injury, prescription medication, physicians' restrictions, or any immune system illness.

****Any client under physicians' care must notify the therapist of condition and changes. Working without physician approval may be detrimental to the physical well being of the client.**

Rates: \$60/hour, \$30/half-hour, \$90/90 minutes – Base rates (specialties have additional costs). Payment is due when service is received. Advanced payment will be accepted. Cash, checks, and credit cards accepted. A fee of \$20 will be charged for any returned check. Only two returned checks will be allowed before only cash is acceptable. Specials and packages are available. Sessions will be by appointment only with weekday and weekend availability.

Confidentiality: All information/conversation exchanged during a treatment session or about a treatment session remains confidential for the safety and well being of the client and therapist.

General Etiquette:

- Late clients will have a shortened treatment at the same rate of a full session.
- No shows will be charged for a full session.
- Cancellations one day prior will not be charged. After three cancellations, there will be a charge for a full treatment session.
- Intoxication (any alcohol consumption) will not be permitted. There are many negative effects on the body when combining massage with alcohol. Client will be asked to leave and charged full price for a treatment session.

Recommendations: Do not eat 90 minutes before a session. Food fresh in the system may have an adverse effect on the client. For shiatsu treatments, plan on having time after session for low-key activity or sleep. Contact lenses may become "dry" during treatment session. Bringing a case is suggested.

Right of Refusal: Therapist and client both reserve the right to end a treatment session at any time for any reason. Therapist will fill out a disclosure statement to inform client why treatment session is ending. Client does not need to give any reason for ending a treatment session.

Sexual innuendos, language and/or behavior will not be tolerated. Session will end immediately and client will be charged full price.

Client's Signature _____ Date _____